

A Breath of Fresh Air

Marilyn McNamara

Thomas Berry,

a breath of fresh air

waking us up,

as he blew on Earth embers

somewhat buried, covered

over by constricted stories

and by suddenly

too many people, and these too many people taking short-cuts

to food and water

while over-estimating wants

and

still not caring enough about the Mother's ability to

recover from such insensitivity

to Earth's

whispers,

ways,

rhythms,

and Mystery.

As a graduate student in Religion at Fordham University from 1967 to 1969, Marilyn McNamara studied under Thomas Berry. She taught in the Religious Studies Program at Notre Dame College on Staten Island from 1968 to 1970, and became a Lecturer for the course, Religion, Ethics and the Environment, at Cornell University from 1979 to 1985. After moving to North Carolina in 1986, she received her MSW degree from the University of North Carolina at Chapel Hill in 1990 and is now a psychotherapist in private practice in the Chapel Hill area, working with adults and couples within a Jungian framework. She has served the C.G. Jung Society of the Triangle as editor of its newsletter, and, for the last four years, as President.

