

And She Rises

By Kim Falone

From Opening Again: Poems and Parables of Transformation

And she rises
She rises up from the earth
Dark, moist and steaming
With grand swaying breasts
And thick full thighs

Her body undulates with pleasure
She smells of dirt and decay
And also of fruit and roses
Her eyes reflect the moon
Her hands are as old as water

Her beauty is too mutable to be seen
Hers is a beauty that must be felt
It spirals up from beneath us
This beauty that includes us

She is rising now
And if we allow it
We will be held
We will be suckled
We will be birthed again and again
By this great and grounding mother

Kim Falone has an extensive background in the healing arts. A licensed bodyworker since 1986, she and her husband, Vince, are the founders of the Center for Relaxation and Healing in Chatham, NJ. They are also the parents of three school-age children. Please visit Kim's web site: www.kimfalone.com.